

# General Camp Information

## Arrival and Check-In:

During check-in, you will receive a more detailed camp schedule, the chance to talk with any staff about questions or concerns you may have, and the opportunity to help your camper settle into their dorm room. In your car follow signs to camp check-in (this is different than in past years). A staff member for your camper will step you through the check-in process. The following will help make the check-in process smoother:

- Please stay in your car and follow the signs until directed by a staff member to park and move in.
- Please have any prescription medications easily accessible, labeled and in zip lock bags.
- Only one person will be allowed to accompany the camper to their dorm room
- Carpooling to camp with a friend is acceptable— just make sure that your camper has all of the required forms and medications, if needed, for check-in.

## Directions to Eagle Bluff:

**PLEASE DO NOT USE GOOGLE MAPS! Instead refer to the directions below:**

- **From the north, south, or west:** Take Hwy 52 to Fountain. Follow brown directional signs to turn left and travel 8 miles east on Hwy 8. Turn left on County Rd 21 and travel 1 1/4 miles. Turn right on Goodview Dr (black top) and travel 2 1/2 miles to the Eagle Bluff Campus.
- **From the east:** Take State Hwy 16 to Lanesboro. Go north on Hwy 250 (Parkway Ave) for about a 1/2 mile until you are approaching downtown. Turn left on County Rd 8 (Between Root River Outfitters and Mrs. B's Inn) and travel 2 miles. Follow brown directional signs to turn right on County Rd 21 (blacktop) and travel 1 1/4 miles. Turn right on Goodview Dr (blacktop) and travel 2 1/2 miles to the Eagle Bluff Campus.

## Camp Payment:

Camp requires at minimum a \$150, non-refundable deposit at the time of camp registration. If only the deposit has been paid, you will be required to pay the remainder one week prior to the start of camp. All payment is processed via CampDoc.

## \*\*Cancellation Policy\*\*:

Cancellations made 15 days prior to the start of camp will receive a full refund less the deposit. Cancellations made less than 15 days (due for reasons other than COVID-19) will be charged the full amount. For full cancellation policy, please see the FAQ section on our [webpage](#).

## Camper Medications:

Eagle Bluff will hold and dispense all camper medication, including over the counter medications. Medication must be in its original container. The prescription medication container should include camper's name, dosages, and times. Please make sure any medications that you plan to send to camp are up to date on your camper's CampDoc Health Profile.

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## The Dorm Rooms:

- Campers will be staying in our dormitory. Each room can house eight people and has its own shower, toilet, two sinks, and storage cubbies. The camp managers have taken into account any roommate preferences listed on your camper's registration form.
- No food or beverages are allowed in the dorm room. Please do not send any candy or other snack items as there may be campers with severe food allergies who may come in contact with the item. Any food brought will be confiscated and returned on the last day of camp.
- Campers will be spending a good amount of time outdoors. Refer to the packing list and bring clothing and outerwear appropriate for the weather. Activities are held outside rain or shine, and being prepared is key!
- Campers are not allowed to use the phone while attending camp. If there is an emergency or behavioral problem, Eagle Bluff will contact the adult and phone number given upon Registration.
- We strongly encourage a camp free from technology and smart devices. Please leave cell phones and smart watches at home!

## Dining Hall:

We aim to create meals that are full of flavor and nutrition, prepared from scratch whenever possible, and utilizing locally sourced ingredients. Every precaution, including eating outdoors, social distancing, and sanitizing will be taken to ensure the safety of your camper(s).

**If your camper has food allergies or dietary needs, please make sure their CampDoc Health Profile is up to date so the kitchen staff can make the appropriate accommodations.**

## Stay Connected To Your Camper:

This Quick Reference Guide has all of the information for keeping track of your camper while they're at Eagle Bluff. Feel free to share this information with other family members/friends if they're interested! Here are other ways to stay connected week of:

- We'll be posting pictures to a private Google album, accessible via a shared link that will be email week prior to camp and given upon check-in. Each day staff will upload photos so you can follow along with campers' adventures!
- You may contact your camper through email. Typically, emails received before 4:00 pm are delivered the same day. Emails received after 4:00 pm will be delivered the following day. Please address these to: **campers@eaglebluffmn.org with the campers name and their camp as the subject line.**
- You may call Eagle Bluff's main phone to talk to an Eagle Bluff staff member or to leave a message, but we will not be letting the campers use the phone while attending camp. If there is an emergency or behavioral problem, an Eagle Bluff staff member will contact the parents/guardians directly.

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## Tickborne Disease Protocols:

Due to the nature of our programming, we have a higher than average risk of interacting with ticks. Fillmore County has also been identified as a high risk area for tickborne diseases. A variety of diseases may be spread by ticks in Minnesota but the majority of tickborne diseases result from the bite of an infected deer tick (also known as the blacklegged tick). Preventing exposure to a deer ticks requires diligence. Eagle Bluff recommends tracking deer tick bites, and when appropriate, going to a physician for treatment. The treatment does not prevent every case of Lyme's disease but it reduced it by 87% in a study reported in the New England Journal of Medicine.

### Before Arrival: apply permethrin to clothing (optional):

- Permethrin is a pesticide that you spray on clothing to kill black flies, ticks, and mosquitoes but has no harmful side effects on humans if used properly.
- You can buy Permethrin in liquid form and spray it on your own clothes to the same effect. This self-applied form lasts for 4-6 washings. We recommend Sawyer's Permethrin Spray.
- [Here's a great resource](#) if you want to learn more about permethrin.

### During Camp:

- Camp Staff will do tick checks with the campers multiple times a day. The following protocols are in place if ticks are found attached to a camper.

| Action                                     | Details   |
|--|---|
| Attached Deer Tick or Lone Star Discovered | <ul style="list-style-type: none"><li>• Correctly remove the tick.</li><li>• We will tape the tick and record the date and time the tick was removed.</li><li>• Eagle Bluff staff will keep the tick and note until parents/guardians arrive for pickup.</li></ul>  |
| Alert Caregiver                            | <ul style="list-style-type: none"><li>• If we think the tick has been attached for over 24 hours, an Eagle Bluff staff member will call the camper's emergency contact to alert them and determine next steps. Staff will document (as a note) in Camp Doc.</li></ul>   |
| Physician Visit                            | <ul style="list-style-type: none"><li>• Eagle Bluff recommends visiting a physician if the tick has been attached for over 24 hours.</li><li>• Camper guardians watch for diseases symptoms:<ul style="list-style-type: none"><li>◦ Rash</li><li>◦ Fever</li><li>◦ Muscle and joint pain</li></ul></li><li>• Initial symptoms usually show up within 2-4 weeks of being bitten by an infected blacklegged tick.</li></ul> |

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## Departure:

**Campers must check-out with an Eagle Bluff staff member before leaving.**

**The pick-up person MUST show a photo ID.**

At check-in we will be confirming the name/s of the person/s allowed to pick up your camper. At check-out, we will confirm campers are leaving with the correct person/s listed by having the pick-up person show a photo ID. If they leave without confirmation, we will call the camper's emergency contact to confirm their safe departure.

There is a late pick-up fee if you/someone is not able to pick-up campers within an hour after official check-out begins. You will be charged \$20 for each additional half-hour if your camper is not picked up on time.

## Gift Shop:

Campers SHOULD NOT be bringing money to camp for the gift shop as we cannot guarantee its safekeeping. Instead, spending money can be added to their CampDoc account, which many of you chose to do during registration. If you did not and would like to add money to your camper's account, please email Brent at [camps@eaglebluffmn.org](mailto:camps@eaglebluffmn.org). Any unused gift shop funds will be reimbursed within the week after camp ends.

Each camper will have the opportunity to visit Eagle Bluff's gift shop once during the week. Items in the gift shop range in prices from \$0.25 to \$36.00.

## Camp Photos:

Eagle Bluff camp staff will be taking photographs of the campers during activities, meals, & free time, and posting some to the Google Photo Album. You do not need a Gmail account to view these, simply type in the link given via email (the week before camp starts) and at check-in. Upon the completion of the post-camp survey, you will receive access to all the fun photos from the week! Photos expire after 1 year, so download any memories you wish to keep!



**We are excited to  
see you soon!**

Jenna Moon, Henry Whitehead, & Brent Burton

507-467-2437

[camps@eaglebluffmn.org](mailto:camps@eaglebluffmn.org)

# COVID-19 Info

In order to keep campers and staff safe, Eagle Bluff has the following protocols in place in order to reduce the risk of Covid-19 transmission.

- Pre-Camp Participant Screening:
  - We ask that parents are mindful of their camper's temperature in the two weeks leading up to camp. Parents are asked to record their camper's daily temperature via CampDoc as a precaution.
  - If your camper does have a fever and other symptoms related to COVID-19 within the two weeks prior to camp, they will not be allowed to attend unless they show a negative COVID test. You will receive camp credit, which can be used through August 2022.
  - We utilize the Minnesota Department of Health [decision tree](#) for all COVID related decisions regarding isolation, quarantining, testing, etc.
- Daily Participant Screening
  - During drop-off, we'll be taking temperatures of participants. In addition, each day we will be doing screening at breakfast for any COVID related symptoms.
  - We utilize the Minnesota Department of Health decision tree for all COVID related decisions regarding isolation, quarantining, testing, etc. In the event of an in-camp illness, no refunds will be issued.
- We'll be outdoors!
  - Transmission of COVID-19 increases in confined spaces, especially when people can't maintain social distancing over long periods of time. We plan on doing most of our activities outdoors unless stormy weather requires us to move in. Make sure your camper brings all of the recommended gear and supplies for activities rain or shine!
- Masks
  - Masks do not need to be worn by campers while outdoors (although will be encouraged when social distancing is difficult), but campers should be prepared to wear one while indoors. We ask that your camper brings MULTIPLE masks.
- Changes to protocols
  - We will update our COVID-19 protocols in accordance with evolving MDH guidelines. As of this writing (May 2021) all protocols are in compliance with the MDH [Youth Programs Guide](#).