



# Group Challenges Pre-visit

## Classroom Activity

### Brief Synopsis

*Working with others is a skill that is used daily. These activities will help students learn what a team is, why working with others is important, and what makes a team successful.*

**Ages:** Designed for 5th–8th grade

**Activity Lengths:** 30 minutes for each activity

#### Materials:

##### Activity 1:

- *What is a Team?* worksheet
- Pencils

##### Activity 2:

- *Make Our Team* Worksheet
- Pictures that students bring in
- Large piece of tag board/ cardboard to display pictures

#### Vocabulary:

Team, Cooperation, Communication, Trust

#### Outcomes:

1. Students will learn vocabulary associated with group challenges and teambuilding.
2. Students will discuss skills needed to be a successful team.
3. Students will identify teams they are involved with.
4. Students will determine why their team is successful.
5. Students will list reasons why working with others is important.

#### Minnesota Academic Standards:

**Language Arts:** 4.5.IIIA, 6,7,8.IIIA

**Physical Education:** 4.5, 6.5, 8.5

### Set-up

There are numerous things that make a team successful. These activities will allow students to take a closer look at what will make a group function successfully.

### Activity 1: What is a Team?

**Background:** Use the *What is a Team?* Worksheet to help students familiarize themselves with group dynamics and components that make the group successful. These topics will also be covered in class at Eagle Bluff.

#### Procedures:

1. Pass out the *What is a Team?* worksheet to be completed individually or in small groups.
2. Allow students to complete the worksheet, then discuss the answers as a class.
3. Discuss how the results will benefit the group at Eagle Bluff and in real life.

### Activity 2: Make Our Team

**Background:** A team is a group of individuals working together toward a common goal. Everybody has a different idea of what a team looks like. Have students bring in a picture or article from magazines, newspapers or other sources to represent what they think a team looks like.

#### Procedures:

1. Give students the task of bringing in a picture or article to create a poster of “what a team looks like.”
2. Discuss why each article or picture was brought in.
3. In small groups or as a class create a collage using the pictures, articles and vocabulary words (provided) to represent what a team looks like.
4. Create a list of traits the students want their group to have and traits that should not be present in their team.



## WHAT IS A TEAM? worksheet

What is a team?

Why should I work with others?

Where have you worked in a team?

Where will I work with others in the future?

What makes a team successful?



# WHAT IS A TEAM? Worksheet (answers)

Answers will vary, here are some main ideas:

## What is a team?

*-A team is a group of individuals working together towards a common goal.*

## Why should I work with others?

*-More hands to do the work*

*-More fun to work with others*

*-Work gets done faster*

*-More ideas on how things need to be done*

## Where have you worked in a team?

*-Sports teams, school, family, etc*

## Where will I work with others in the future?

*Work, sports, family, school, etc*

## What makes a team successful?

*-Good communication*

*-Trust*

*-Cooperation*

*-Positive attitude*

*-Goals*

*-Compromise*

*-Sharing ideas*

*-Leadership*



MAKE OUR TEAM

**OUR TEAM**

**TRUST**

GOALS  
**GOALS**

**COMMUNICATION**

**PROBLEM SOLVING**

**listen**

**POSITIVE ATTITUDE**

**COOPERATION**